

Important Areas Where Structure Helps for Puppies

A happy, confident puppy grows with guidance, routine and love ♥

Small Steps
Brighter
Futures



Feeding Times

Regular feeding schedules help:

- toilet training
- routine building
- and reducing anxiety.

Teaching calm behaviour before meals can also encourage patience and self-control.

Good habits start early ♥



Sleep and Rest

Puppies need large amounts of sleep. Structured rest periods help prevent:

- overstimulation
- excessive biting
- zoomies
- and irritability.

Rest today for a brighter tomorrow ♥



Training Sessions

Short, regular training sessions teach puppies:

- focus
- impulse control
- communication
- and confidence.

Training should remain calm, rewarding, and age-appropriate.

Positive training builds bright futures ♥



Household Rules

Puppies benefit when rules are:

- simple
- clear
- consistent
- and achievable.

Examples include:

- waiting calmly at doors
- chewing toys instead of furniture
- sitting politely for attention
- and settling quietly indoors.

Clear rules help puppies thrive ♥



Managing Attention-Seeking Behaviour

Puppies naturally seek interaction and attention. Healthy leadership involves teaching puppies:

- how to settle independently
- how to wait patiently
- and that calm behaviour often earns rewards.

This does not mean ignoring emotional needs.

Puppies still require:

- affection
- play
- social interaction
- and reassurance.

Balance is important.

Connection builds confidence ♥



Building Confidence Instead of Fear

Confident puppies are generally easier to train and less likely to develop fear-based aggression.

You can build confidence by:

- exposing puppies to positive new experiences
- rewarding curiosity
- avoiding harsh punishment
- allowing safe exploration
- and supporting calm behaviour.

Brave puppies explore a brighter world ♥



Signs of Healthy Leadership

A well-guided puppy is more likely to:

- relax easily
- recover quickly from stress
- respond to cues willingly
- show curiosity
- seek guidance from people
- and display improving self-control over time.

Learning takes patience and repetition ♥



Kind Guidance
Brighter
Futures ♥



Together, we can make a difference for animals in need ♥

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